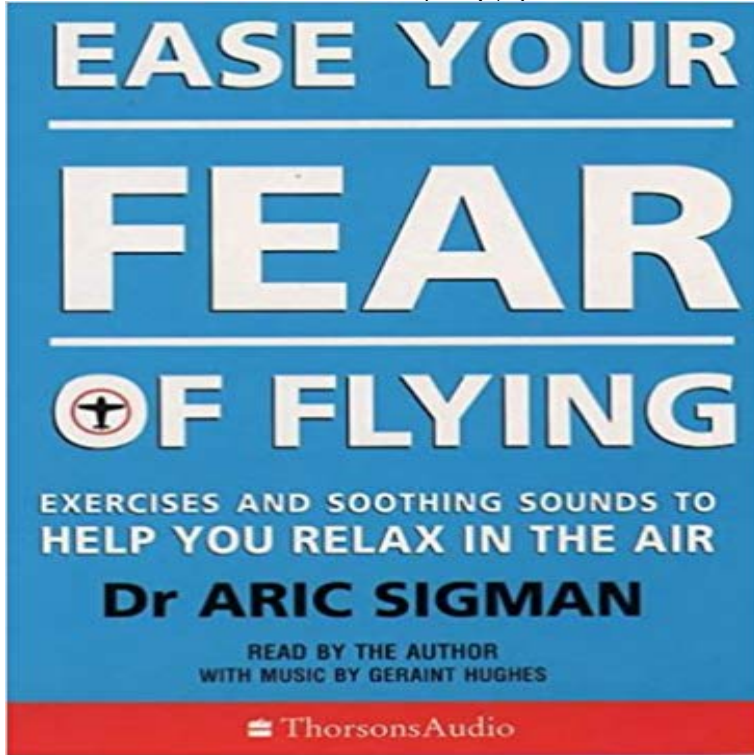


## Ease Your Fear of Flying (Thorsons audio)



An excellent tape by hypnotherapist and bio-feedback expert Aric Sigman, this cassette will help even the most phobic travellers relax before and during air flight.

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