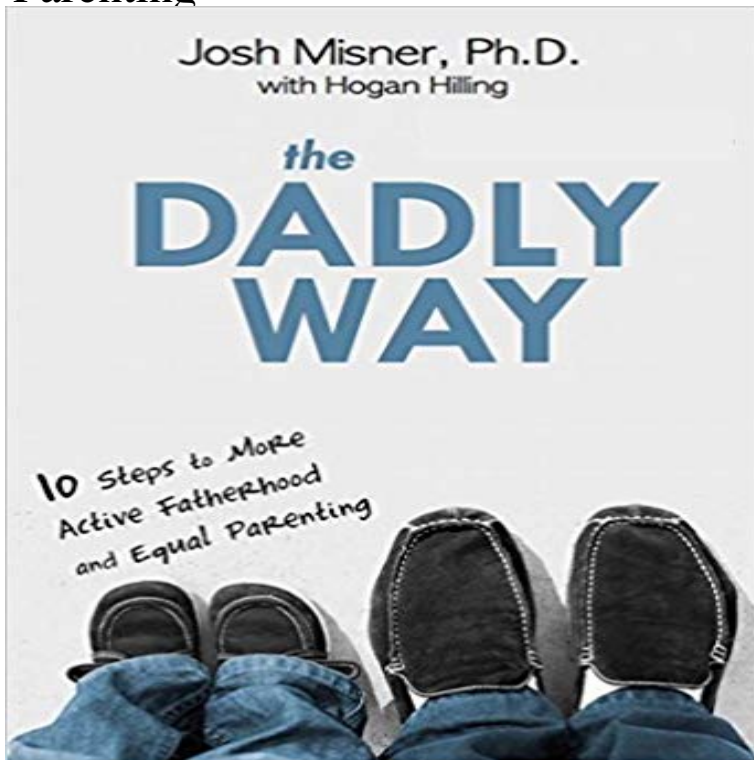


# The Dadly Way: 10 Steps to More Active Fatherhood and Equal Parenting



It is time for fathers to become more mindful in our approach to families, so that we might carve out the best possible future for our children, as well as their children. To do so, we must parent with presence, on purpose, today. From dealing with the ego, to calling for an end to the parenting wars, from learning how fatherhood has evolved, to knowing where it is heading, and from learning to listen deeply, to becoming more mindful parents, *The Dadly Way* provides a meaningful look at modern fatherhood. Learn how fatherhood evolved to fit the needs of each generation. Challenge the myths associated with absentee fathers and deadbeat dads. Rebrand masculinity to suit your family's needs and own your individual image of fatherhood. Learn to deal with the crushing effects of the ego and become the solution, rather than the problem. Become a friendly father who is viewed as competent, caring, and nurturing. Refine your sense of mindfulness through daily activities and deepen your relationship with your family.

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and Equal Parenting The Dadly Way has 1 rating and 1 review. Ross said: This is a decent exposition on manhood and gender rolls framed in a book about parenting. It manages